



TUCKSHOP MENU

TUESDAY ONLY - ORDER BY 9am





Any questions? contact 07 3867 2333 or dmsew0@eq.edu.au

DRINKS

Smoothies - \$3.50

- Mango
- Berry
- Milkshakes \$3.50
- Strawberry
- Chocolate
- Caramel
- Thickshakes \$4.50
- Strawberry
- Chocolate
- Caramel

Iced Teas - \$3.50

- Peach
- Lemon

Water - \$2.50

MORNING TEA 10.45 am

Nachos - \$4.00 - Tortilla chips, melted cheese, salsa, guacamole and sour cream

Breakfast Wrap \$4.00 - Toasted wrap filled with egg, bacon, tomato, cheese and BBQ sauce

Muffins - \$3.00

- Double chocolate
- Cheese and spinach

Frozen Yoghurt - \$3.00

Chocolate vanilla, strawberry vanilla or mango watermelon

Bliss Balls - \$3.00 - 3 x 25g balls

- Apple Pie (GF)
- Chocolate (GF & nut free recipe)

Fruit Salad - \$3.00 Watermelon Cup - \$3.00

LUNCH 12.45pm



Mixed salad leaves, meat, cheese, carrot, capsicum, tomato, beetroot, cucumber & 1 egg

- · Ham or chicken
- Extra egg +\$1 each

Wraps - \$6.00

Meat of your choice with mixed lettuce leaves, capsicum, carrot, tomato, cheese and mayonnaise

Ham or chicken

BLAT - \$5.00

Bacon, lettuce, tomato and avocado on wholemeal bread

Make it vegetarian – swap bacon for haloumi

GF bread/wraps are available to substitute for any bread items

Chicken Burger - \$6.00 Add bacon \$1

Crumbed chicken in a bun with lettuce, cheese and mayonnaise

Burger - \$6.00 Add bacon \$1

Beef pattie with cheese, lettuce, beetroot, tomato and **BBQ** sauce

Italian Sub - \$7.50

Ciabatta with salami, ham, cheese, relish and salad

Hot Dog - \$3.50

Frankfurter sausage in a bun with tomato sauce

Add cheese

Mini Pizza - \$3.50

- Cheeselovers
 - Ham and pineapple
 - Pepperoni



